

RESIDENTIAL TREATMENT PROGRAM

ACCESS

Individuals are referred from Washoe County's Department of Criminal Justice, Specialty Courts, and Treatment Programs.

CRITERIA

Requires a structured program
Ability to pass drug and alcohol screening
Willingness to engage in a 12-step program

PROGRAM

Serves low income, recovering addicts and alcoholics, many of whom have been incarcerated or homeless.

Help women attain lifelong sobriety, restore family relationships, and begin building productive lives.

The current Workforce Development team has achieved 100% client employment upon successful completion of the program.

Empowers women to build a better future through treatment and workforce development in a safe living environment.

CLIENT EXPECTATIONS

- Comply with Parole/Probation Office and or Court guidelines
- Attend all scheduled appointments and meetings
- Communicate clearly and openly with staff
- Follow treatment plan
- Adhere to community rules and program agreement

OBJECTIVES

This is a four month treatment program that provides a transitional alcohol-and-drug free community designed to support participants in their chemical dependency treatment and early recovery efforts. Individuals work toward becoming self-sufficient.

CORE SERVICES

- Transitional housing
- Case management
- Benefits acquisition
- Alcohol and drug treatment
- Peer support
- Employment support

HISTORY

The Empowerment Center (TEC), a 501(c)3 non-profit was founded in March 2005.

TEC purchased the facility at 7400 S. Virginia Street in Reno in 2010 and began an 18-month renovation process. The \$1.3-million-dollar acquisition and renovation project was entirely paid off in December of 2014.

TEC reduced operating expenses through a solar project funded by NV Energy and the generous donations of private area foundations and individuals.

STAFF EXPECTATIONS

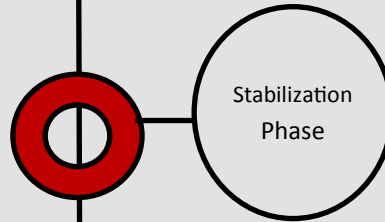
- Work with Washoe County
- Fully engage with clients
- Provide a safe environment for clients
- Respond to crises that may arise and provide resolutions
- Problem-solve to help clients overcome barriers
- Network to find resources

Risk Window 1 (first 30 days)

Program reduces risk through:

- Needs assessment
- Rapport building
- Treatment

Day 1



Program Activities

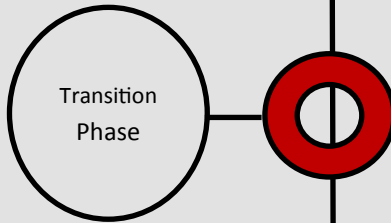
- Introductions
- Individual counseling
- Referrals to Mental Health etc.
- 3 hours of group counseling per day (M-F)
- Workforce development
- Benefits acquisition
- SS, DL, Birth Certificate

Day 30

Day 31

Program Activities

- Program level change
- Employment assistance
- Daily clinical group (M-F)
- Weekly individual counseling



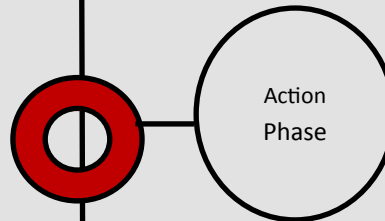
Risk Window 2 (first 30 days)

Program reduces risk through:

- Nightly Curfew
- Daily employment check-ins
- Peer Support Services

Day 61

Day 60



Program Activities

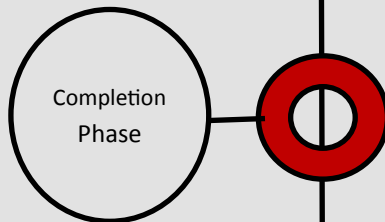
- Program level change
- Employment
- 12-Step Meetings

Clients Stay Engaged by:

- Regular 1:1 counseling
- Nurturing recovery-based relationships
- Working the steps

Day 90

Day 91



Clients Stay Engaged by:

- Striving to achieve goals
- Exploring permanent housing options
- Meeting with PRSS

Program Activities

- Chores/community service
- Employment
- 12-Step Meetings
- Discharge planning

Day 120